

Aspartame...

The Chameleon Drug! How It Happens:

Methanol, from aspartame, is released in the small intestine when the methyl group of aspartame encounters the enzyme chymotrypsin (Stegink 1984, page 143). Free methanol begins to form in liquid aspartame-containing products at temperatures above 86 degrees F.. also within the human body.

The methanol is then converted to formaldehyde. The formaldehyde converts to formic acid, ant sting poison. Toxic formic acid is used as an activator to strip epoxy and urethane coatings. Imagine what it does to your tissues!

Phenylalanine and aspartic acid, 90% of aspartame, are amino acids normally used in synthesis of protoplasm when supplied by the foods we eat. But when unaccompanied by other amino acids we use [there are 20], they are neurotoxic.

That is why a warning for Phenylketonurics is found on EQUAL and other aspartame products. Phenylketenurics are 2% of the population with extreme sensitivity to this chemical unless it's present in food. It gets you too, causing brain disorders and birth defects! Finally, the phenyalanine breaks down into DKP, a brain tumor agent.

In other words: Aspartame converts to dangerous byproducts that have no natural countermeasures. A dieter's empty stomach accelerates these conversions and amplifies the damage. Components of aspartame go straight to the brain, damage that causes **headaches, mental confusion, seizures** and faulty balance. Lab rats and other test animals died of **brain tumors**.

Do you want to bet your brain on its safety?

Monsanto says "Aspartame is the most tested product in history". Are you sure?

On 12/29/96 60 MINUTES reported on 164 studies. ALL of the 74 studies paid for by NutraSweet showed it was healthy as rain. 83 of the 90 studies by independent labs found problems. During the Reagan Administration, FDA commissioner Arthur Hull Hayes approved NutraSweet over the protests of his own Board of Inquiry, then took a lush consultant contract with NutraSweet's public relations firm while he was under investigation for accepting gratuities. Think if it this way: Money paid under the table put the little blue envelopes on the table!

COKE and PEPSI KNEW IT WAS POISON ...BEFORE they started to use it!

The Congressional Record of May 7, 1985 printed 6 pages of objections prepared by the National Soft Drink Association: "Aspartame is uniquely unstable ... as the temperature increases the ratio of degradation becomes more pronounced ... at 104 degrees for 20 weeks less than 10% of the original aspartame remained ... soft drinks displayed at a service station may reach 120 degrees." EVERY KNOWN BREAKDOWN PRODUCT OF ASPARTAME IS A POISON! Formaldehyde cocktail anyone?

Diseases Aspartame Causes and/or Mimics:

Fibromyalgia, Arthritis, Multiple Sclerosis (MS), Parkinson's Disease, Lupus, Multiple Chemical Sensitivities (MCS), Diabetes and Diabetic Complications, Epilepsy, Alzheimer's Disease, Birth Defects, Chronic Fatigue Syndrome, Lymphoma, Lyme Disease, Attention Deficit Disorder (ADD), Panic Disorder, Depression and other Psychological Disorders.

Symptoms:

(the more common in bold type)

Abdominal Pain, Anxiety attacks, **Arthritis like pain,** Asthmatic Reactions, Bloating, Blood Sugar Control Problems, Brain Cancer (Pre-approval studies in animals), Breathing difficulties, burning eyes or throat, Burning Urination, Chest Pains, chronic cough, **Chronic Fatigue,** Confusion, Death, **Depression, Diarrhea, Dizziness, Excessive Thirst or Hunger, fatigue,** feel unreal, flushing of face, Hair Loss (Baldness) or Thinning of Hair, **Headaches/Migraines,** Hearing Loss, **Heart Palpitations, Hives (Urticaria),** Hypertension (High Blood Pressure), Impotency and Sexual Problems, **inability to concentrate,** Infection Susceptibility, Insomnia, Irritability, Itching, **Joint Pains,** laryngitis, **Marked Personality Changes, Memory loss, Menstrual Problems or Changes,** Muscle spasms, Nausea or Vomiting, **Numbness or Tingling of Extremities,** Other Allergic-Like Reactions, **Panic Attacks, Phobias, poor memory, Rapid Heart Beat, Rashes, Seizures and Convulsions, Slurring of Speech,** Swallowing Pain, Tachycardia, Tremors, **Tinnitus, Vertigo, Vision Loss,** and **Weight gain.**

**Aspartame is NOT a "food additive."
It IS a dangerous neurotoxin that MUST
be removed from our food chain.
BUT, WE MUST DO IT!**

Aspartame Poisoning... RECOVERY!

If you use products with aspartame, **and** have physical, visual, mental problems, ailments the doctors can't seem to cure... then please try the **60-day no aspartame test**. When your symptoms disappear please get involved in an international effort to get this deadly neurotoxin off the market. Write a letter to the FDA, with a copy to Betty Martini (for proof of how the FDA doesn't keep proper records). Write your congressmen.

Return products containing aspartame to the point of purchase... **for a FULL refund**. Make a big stink if they **WON'T** give you a full refund!

Tell all your friends and family... and if they stop using aspartame and also "wake up well"... **then get them involved, too!**

Aspartame is an "approved sweetener" because of a few greedy and dishonest people who placed personal wealth and corporate profits above human life and well being.

Special Warning to Pilots

Over 800 pilots have reported symptoms to Aspartame. Some have reported suffering grand mal seizures in the cockpit and traced them to their use of Aspartame. Some of these pilots have lost their medical certificates and their livelihood. Don't risk yours! The number for the Worldwide Pilot Hotline is (214)352-4268 to report your story.

With the FDA and our Congress culpable, only an INFORMED and ACTIVE public will affect its re-classification from "food additive" to TOXIC DRUG, and cause its removal from the human food chain.

Special Warning to Parents

Several over the counter medications and vitamins contain Aspartame. Be sure to check the label before you inadvertently poison your children.

Gulf War Vets

We are convinced that the Gulf War Syndrome was caused by Aspartame. The soft drink industry shipped over thousands of cases of "free" diet soda which sat on pallets in the hot desert sun and decomposed into its toxic byproducts.

This Flyer was written by:

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If you would like to volunteer in this effort in the DC Area please contact:

Mission Possible National Capitol Area
website:(www.aspartamekills.com)
P.O. Box 220102
Chantilly, VA 20151-0102
(703)753-2500

Email:missposs@clark.net

Phenylketoneurics:Contains Phenylalanine is a warning to persons who cannot have Phenylalanine and that the product contains "ASPARTAME"

After MUCH investigation, I believe...

Aspartame= BAD NEWS!

Equal, Spoonful, NutraSweet,

What's it in?

Over **9000** products and growing fast!

Is it SAFE?

NO!

Why NOT?

It breaks down into phenylalanine, aspartic acid, methyl alcohol (**wood alcohol**), formaldehyde (**embalming fluid**), formic acid (**ant sting poison**) and other toxic chemicals.

In BRIEF!

Aspartame is **NOT** a natural Substance!

Aspartame is **NOT** a diet product!

Aspartame is **NOT** safe... for ANYONE!

Aspartame is **NOT** a food "additive", it is an **UNREGULATED** and **UNSAFE DRUG!**

Aspartame is even worse for **DIABETICS AND CHILDREN!**

Aspartame poisoning is Cumulative. (it adds up!) Excess formaldehyde from its breakdown...gets stored in your FAT!

Aspartame has 92 "official" side effects... (Including **DEATH!**)

Aspartame **MIMICS** many diseases!

Aspartame's **TOXIC effects** are... **USUALLY MISDIAGNOSED!**

Aspartame's approval by the FDA... Is a **SHAMELESS** travesty!

FDA approval for use in everything is criminal!

The only **"CURE"** is **total exclusion** from the diet! (Aspartame lawyers hired the Federal prosecutor-swho was after them!)

Aspartame is UNFIT for human consumption!